Southgate Methodist Church 45 The Bourne, Southgate, N14 6RS Church Office tel: 020 8886 8067

Minister: The Revd Julia Wiktorska Email:juliawiktorska@btinternet.com News Sheet email: smcnewssheet@gmail.com Website: http://www.southgatemethodist.org.uk

> 23rd February 2020 Sunday before Lent 10:30am Mrs Sandra Rose

Prayer Holy God, you know the disorder of our sinful lives: set straight our crooked hearts,

outhgate Methodist Church

and bend our wills to love your goodness and your glory in Jesus Christ our Lord. **Amen**

Hymns: (StF) 11 508 662 564 59 Scripture: Exodus 24:12-18 (OT pg 81-82) Matthew 17:1-9 (NT pg 25)

> Church stewards on duty today Verona Cosco and Beryl Smith





We welcome all visitors today and ask them to sign the visitors' book which is on the table in the Welcome Area. All are welcome to stay for a cup of coffee or tea after the service.

Circuit Prayers



We are asked to pray for Trinity Church and their minister the Revd Dan Haylett. Churches Together in Southgate, Oakwood and Cockfosters have asked us to pray for Southgate Christian Fellowship.

Ash Wednesday Communion Services

are being held on 26th February: **Edmonton** at 10.00am and **Southgate** at 7.30pm.



"MAGNET" Magazine

In 2019 there were 14 subscribers. The magazine has 3 issues a year. On themes designed to confirm faith and inspire action. The autumn edition was especial helpful for those facing the dark experiences that inevitably come into our lives. New subscribers are welcome at anytime. Just speak to me and I' ll order one for you. Beryl Underhill

Palm crosses and Ash Wednesday

I wonder whether, like me, you have a number of palm crosses from previous years stuck behind pictures or lying around various places in your home. Well, I need them so that they can be burnt and reduced to ash. Those ashes will then be used in our Circuit Ash Wednesday Service here at Southgate on 26th February at 7.30pm.

During this service we acknowledge before God and one another our own mixed motives and confused lives and in true humility, repentance, and vulnerability cast ourselves on the mercy of God as we are marked on our foreheads with the sign of the cross in ash – a sign of our repentance and a symbol of our mortality.



So please bring your palm crosses to church any Sunday up to and including 23rd February and leave them in the envelope marked PALM CROSSES near the Visitors' Book at the back of the church. And then join with friends from across the circuit to mark the start of our Lenten journey with Christ on Wednesday 26th February at 7.30pm.

Thank you.

Julia

Faith Studies Group

We have resumed on Thursdays at 7:30pm, meeting in the church office. We have started the York Course **'Living in the Light'.**

There is room for you round the table.

Group '78

Group '78 is a ladies group who have met since 1978. We would like to warmly invite our new friends from Winchmore Hill Church to join us, and of course, anyone else who has not yet been able to come along.

We usually meet at 7.45pm on the third Monday of the month in the Raikes Room.

| 16 th March | Ed and John Ukulele Duo | |
|------------------------|-----------------------------------|--|
| 20 th April | Jewish Festivals and Customs | |
| 18 th May | Frank Bayford "Chase Farm part 2" | |
| 15 th June | Outing to St Albans | |
| 20 th July | AGM and more | |

Enfield Methodist Circuit 4

Mission Afresh: Our place in God's Mission

During Lent we will be gathering on Sunday afternoons from 4:00 to 6:00pm at Ponders End Methodist Church for an afternoon of input and discussion led by the Revd Dr Valentin Dedji and the Revd Dr Jonathan Dean. We will be exploring what it means to be part of God's mission here today in Enfield and in the wider world.

We will be meeting on:

Sundays 8th, 15th, 22nd, 29th March from 4:00 - 6:00pm

Come and join us for a time of sharing, learning and inspiration to lead us through Lent.

There will also be groups meeting in local Churches in the week to pick up on the themes and discussion shared on Sundays:

Monday evenings - 7.30pm at Goffs Oak Tuesday evenings - 7.30pm at Edmonton; 7.45pm at Trinity

Wednesday mornings -

10.15am at Edmonton;11:00am at Grange Park; 11.30am at Ponders End

Thursday evenings – 7.30pm at Southgate.

A cup of coffee with Clair Tozer

My Name is Clair Tozer from Potters Bar. I moved here with my dad in 1994 always having lived with my parents apart from three years away at Occupational Therapy College. This led to hospital and community work in an around the London area.



Who would you like to have a cup of Coffee with?

Sir David Attenborough is one of many people who have encouraged my interest in the evolution and conservation of wildlife from the start of his career and broadcast. I'm looking forward to his film which will be on general release after its premiere in April. The film traces his whole career and it's called "Life On Our Planet".

Best biscuits to dunk in tea?

Mcvities small rich tea, classic only, as the light one doesn't go soft enough.

What made you join Southgate Methodist Church?

I was 11 when we moved here from Seven Kings, and my mother and I enquired at Southgate police station about finding a nonconformist church. I was soon settled into Sunday school here taking the scripture exams (just like our old Congregational Church) and becoming a member here at the age of sixteen.

People who have inspired you

During my years of teaching here in Young People's church I was inspired by the wisdom and vitality of the teenagers. Anne Balsom (who was one of the teenagers) and I still correspond. She was working for the president of the Ivory Coast Methodist Church, Anne's letters from Luxembourg are now a tremendous inspiration. I found the them encouraging as she shares her faith with me, which has grown stronger through adverse circumstances.

What is your most treasured possession?

My silver Christening Cup, from the crew of the Merchant Navy Rescue Ship "St Clair" on which my dad served in WWII. They said he would walk the plank unless he named his new daughter after the ship!



Has any event changed or altered your life?

When I was young, I never made much progress with music although I enjoyed it so much. Not until my thirties did I make any headway, thanks to the people I encountered in my work at Highlands hospital. Miss Amiot, my music teacher at school, came in as a patient, never to recover. She beseeched me to always follow up my musical interests, so I continued with local choral societies and a bit of piano practice; until something amazing happened. A school leaver on a gap year, join the team of porters who brought in-patients to us for rehabilitation. Finding out that he was a gifted musician, the Head Porter decided that a secondhand piano would enable us to arrange musical events for the longer-stay patients. One day on hearing my work colleague play the oboe at his old school concert, I was so impressed that I was soon fixed up with an oboe and a teacher. My enthusiasm grew to the extent that I managed to pass grade 6 and 7 in piano and oboe respectively before I was 45. Music had opened a new world.

The temptation you wish you could resist

Having a lie-in (especially during winter months, when my cat goes into semi hibernation)

Your happiest moments

My most recent one was when my cat sat on my lap first time ever in 8 years after she came to me from the RSPCA.

The worst job you have ever done

In some ways perhaps it was when I had to clear out my auntie's house, a struggle because I was coping single-handedly with complex situations. That's when we need to trust God to give us strength, and he does.

How do you relax?

I usually find classical music on the radio soothing when I'm busy but can enjoy it more while relaxing at a concert. Walking in parks or countryside is when I feel most relaxed, also around animals or seeing birds on the feeders in my garden. I enjoy activities with a lively R.S.P.B (*Royal Society for the Protection of Birds*) group here.

Wisdom you would pass on to a child

Keep the faith, Jesus loves you, so be kind to all God's creatures.



This year's Church holiday will take place from Tuesday 1st to Friday 4th of September at Ashburnham

Place, a Retreat Conference Centre set in 200 Acres of stunning ground and garden in East Sussex.

Travel will be by coach.

Further details and booking



forms can be found at the back of church or from Betty Venus who can be contacted on 01707653456.

ANNUAL REPORTS

Do you lead a church group?

It is now time to produce a report about that group's activities during the past year, ready for distribution ahead of the Annual Church Meeting.

Wearing my new new Church Council Secretary hat, I would be grateful to receive all reports by **29th February**, either via email to <u>katharinefd@aol.com</u> or handwritten.

If you have any queries, please let me know.

Katharine Farnham-Dear

March - May 2020

Copies of the Circuit Newsletter, plan of service, and the Holy Habit 'Biblical teaching' study booklet are bundled together and available at the back of church

Trinity Church, Enfield Walking Group

For many years, Trinity Church, Enfield has organised a variety of walks from March to October.

Details of the first walk of the year – Saturday 14th March are as follows:

Bushey to Rickmansworth 6 miles

The walk follows a disused railway line with scenic views and includes two nature reserves which can be explored along the way. Meet at Enfield Chase station at 9.30am to catch the 9.52 train to Moorgate and then via underground to Euston to catch a train to Bushey. The return journey will be from Rickmansworth. All travel is covered by the freedom pass. Be aware that there are no places to eat en route, so a packed lunch is necessary.

The dates of the walks for the remainder of the year are: Bank Holiday Monday 13th April Saturday 2nd May Saturday 20th June Wednesday evening 22nd July Saturday 8th August Saturday 12th September Saturday 10th October

If you/and or any members of your churches would be interested in receiving details of the Trinity Walks for 2020, please contact Sally Mate-Kole (email <u>louismk@blueyonder.co.uk</u>) and she will add your names to the circulation list.

Activities this week

| Monday | 10:00am | Table Tennis Club |
|-----------|---------|-----------------------|
| Tuesday | 6.30pm | Girls Brigade |
| | 6.30pm | Pancake Party |
| Wednesday | 9.30am | Toddlers Group |
| | 2.30pm | Table Tennis Club |
| | 5.00pm | Rainbows |
| | 6.30pm | Brownies |
| | 7.30pm | Ash Wednesday Service |
| | 7.45pm | Guides |
| Thursday | 10.00am | Coffee Morning |
| | 2:00pm | Tea Dance |
| | 7:30pm | Faith Studies |
| | 8:00pm | Badminton |
| Saturday | 10.00am | Coffee Morning |
| Sunday | 10.30am | Sunday Club |

Service Next Sunday The Revd Julia Wiktorska Holy Communion

1A